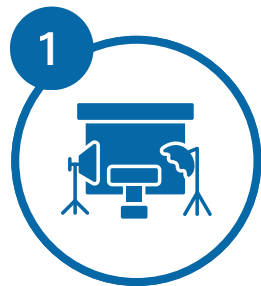
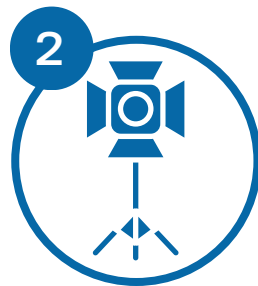


BEFORE AND AFTER PHOTOGRAPHY TRAINING GUIDE



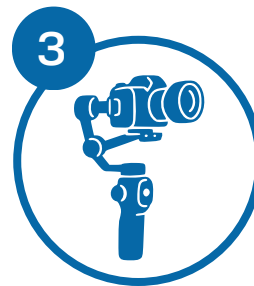
Dedicated Photo Area

Plain neutral background,
fixed camera position,
marked floor spot



Consistent Lighting

Use softbox or ring light only,
same setup every time



Correct Equipment

Smartphone or camera on
tripod, never handheld



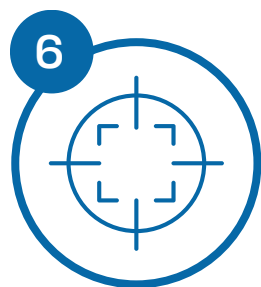
Patient Positioning

Natural stance, arms relaxed,
same posture every session



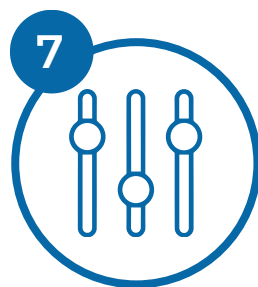
Capture Standard Angles

Front, 45-degree, and side
views as required



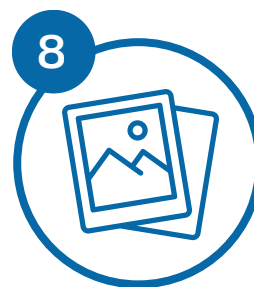
Framing and Focus

Treatment area centred,
consistent distance, tap to
focus



Lighting Control

Artificial lighting only, no
daylight or overhead shadows



Multiple Shots

Take 3 to 5 images per angle,
review immediately



Secure File Management

Clear file naming, GDPR-
compliant storage, consent
recorded



Minimal Editing Only

Brightness and contrast
adjustments only, no
retouching

For training and clinical documentation purposes only